



# **POLICY FOR PERSONAL, SOCIAL & HEALTH EDUCATION AND CITIZENSHIP**

**November 2018**  
(Review in November 2020)

## **Rationale**

Children grow up in a complex and ever faster changing world and are exposed to an increasing range of influences. At Our Lady & St Philip Neri School we aim to build on and complement the learning that has already started at home, in relation to moral values and attitudes, and awareness of society. Parents or adults who care for the children we teach are the 'first time educators' of their children, so schools work in partnership with them, in developing children personally, emotionally and as young citizens.

The skills, knowledge and attitudes developed will enable young people to lead healthy, fulfilling and meaningful lives, in which they:

- Respect themselves as individuals, whilst developing an understanding, tolerance and respect for others and their differences, treating all people as equal.
- Develop a clear set of values and attitudes, including honesty and kindness and establishing and keeping to a strong moral code.
- Value themselves as unique human beings, capable of spiritual, moral, intellectual and physical growth and development.
- Develop their varied abilities and talents fully, setting achievable goals, learning to work and try hard, and understanding both success and failure.
- Learn to live and enjoy and healthy lifestyle.
- Develop an active role as a member of a family, and of the community.
- Value family and marriage as one of the foundations of our society, and a firm basis for the nurturing of children.
- Understand the principles of our society and democracy.
- Value their role as a contributing member of a democratic society.
- Take pride in our count, our country, and in our nation's great institutions, its traditions, heritage and history.
- Respect the rule of law and encourage others to do so.
- Respect religious and cultural diversity.
- Respect the beauty and diversity of the environment and accept responsibility for its maintenance for future generations.

PHSE & Citizenship are central to the ethos of Our Lady & St Philip Neri School, supporting children in their development and underpinning learning in the classroom and in the wider community.

### **Aims and Objectives**

The aim of Our Lady & St Philip Neri School is to help all pupil's personal, social and emotional development and to help them understand their role as citizens, through the following ways:

- The development of personal identify, and high levels of motivation.
- The development of positive social interaction, and the skills to live and work with others.
- The development of the knowledge and skills to become an active citizen.

Our aims will be achieved through the following objectives:

- To assist pupils in developing confidence and responsibility and enable them to make the most of their abilities.
- To prepare pupils to play active roles as citizens.
- To encourage pupils to develop a healthy, safe lifestyle.
- To enable pupils to develop good relationships and respect the differences between people.

### **Principals of Teaching, Learning and Inclusion**

At Our Lady & St Philip Neri School we follow the PSHE & Citizenship framework for key Stages 1 and 2. We help children develop knowledge, skills and understanding so that they can contribute to and participate in inclusive learning environments. For example they learn about and deal with bullying and racism and learn to recognise and challenge stereotypes. They contribute to the development and review of relevant school policies and participate in projects and initiatives that promote inclusion e.g. through the School Council.

PSHE & Citizenship is delivered in both a cross - curricular way and through discrete lesson to deliver the scheme of work. Children's learning in PSHE & Citizenship is fundamentally improved by a positive ethos in the school.

All activities throughout the school contribute to this ethos, such as the work of the midday supervisors in the playground, through assemblies and through extra curricular activities.

The effective teaching of PSHE & Citizenship at Our Lady & St Philip Neri School involves a range of teaching strategies, including, group work, debate, discussion, role-play and the use of visitors and outside agencies.

The support of visitors to the school is used to complement and extend the school's scheme of work. The teacher is always present during these visits and retains overall responsibility in the classroom.

### **Differentiation and Additional Educational Needs**

Throughout their school career children will be at different levels of maturity, will have carried life experiences and a range of attributes and feeling. Lessons should be planned to allow their perceptions to be articulated, with all contributions being valued and respected. In relation to some sensitive issues, such as Relationship Education or Drug Education, the teacher needs to ensure that the teaching points are conveyed in language that is accessible to the children.

Teachers will use different resources, activities, or provide support depending on the needs of their pupils, including able children (those identified as Gifted and Talented), children with additional educational needs and those who need support because English is not their first language.

Where children's I.E.Ps identify targets relating to their personal development, the teacher should ensure that opportunities are planned to support the pupil in achieving these.

The programme should be broad and balanced and provide for pupil's different learning styles.

### **Equal Opportunities**

The Equal Opportunities policy and Equality policy should be adhered to throughout all PSHE & Citizenship activities.

Where appropriate teaching materials and individual group activities should reflect the cultural and ethnic diversity of society. Stereotyping in terms of ethnicity, race and gender should be avoided and pupils' progress should be monitored ensuring that no child is disadvantaged. Equally, a child's religious beliefs and cultural differences will always be respected.

### **PSHE & Citizenship Framework and Breadth of Opportunities**

There are four strands to the framework:

- Developing confidence and responsibility and making the most of their abilities.
- Preparing to play an active role as citizens.

- Developing a healthy, safer lifestyle.
- Developing good relationships and respecting the differences between people.

The 'Breadth of Opportunities' section of the framework describes the learning opportunities to help children develop and put into practice knowledge, skills and understanding, for example through taking responsibilities, participating, making real choices and decisions and considering moral dilemmas.

At Our Lady & St Philip Neri School we encourage pupils to take active roles within the school where they can put their skills and knowledge into practice. For example in the School Council, expressing views and contributing to policymaking, and as 'Playground Buddies', befriending younger or lonely children. Children are encouraged to participate in caring for our school environment.

Opportunities are taken to develop the knowledge, skills and understanding specified in the framework, in all areas of the curriculum and school life in general.

### **Contribution to Spiritual, Moral and Cultural Development**

The PSHE & Citizenship framework gives children specific opportunities to explore the range of attributes and values in society and to consider the kind of society they want to live in. Through exploration and discussion of topical, political, spiritual, moral, social and cultural issues they develop skills and attributes that promote:

- Empathy and a willingness to perceive and understand the interests, beliefs and viewpoints of others.
- A willingness and ability to apply reasoning skills to problems and to value a respect for truth and evidence in forming or holding opinions.
- A willingness and ability to participate in decision making, to value freedom, to choose between alternatives and to value fairness as a basis for making and judging decisions.

### **Health and Safety**

Provision for PSHE & Citizenship in the curriculum must at all times be consistent with the school's policy for health and safety.

### **Evaluations, Recording and Reporting**

Teachers will make regular evaluations of pupil's involvement in PSHE & Citizenship. Evaluations should be active and participatory, addressing progress in development of skills and action as well acknowledge and understanding. It should allow opportunities to reflect on experiences, pose questions, make judgements in the light of evidence about their strengths and needs and plan how to make progress. Children individually and with their peers, should have the opportunity to reflect on their activities, share their reactions and make sense of the experience in relations to themselves and others. They can identify what went well, what went wrong and why. Gradually they can learn to draw conclusions about their own strengths and weaknesses.

### **Drugs Education Policy, Behaviour Policy, and Racial Equality Policy**

There are separate policies for the above, which support and form an integral part of the PHSE & Citizenship education within the school.

### **Resources**

PSHE & Citizenship resources are mainly stored within the classroom, which support the curriculum.

Signed ..... (Headteacher)

Signed .....(Chair of Governors)