

BEING A PARENT

Courses for families with children

aged 2-11 years

Are you finding
your child's
behaviour
difficult to
manage?

Would you like to
improve your
relationship with
your child and
manage those
difficult moments?

The next course....
for parents of 4-11 year olds is at Ladywell
Children & Family Centre .

We start with a welcome coffee/tea on
Tuesday 23rd April from 12.30-2.30pm and
then meet each week at the same time/place
until Tuesday 23rd July.

Please just come along or call 022 8690 6696

During our age
appropriate courses,
we can support you
to cope with the
stresses of being a
parent, avoid power
struggles, set
boundaries and
develop creative and
imaginative play with
your child to
improve behaviour
and strengthen your
relationship.

Completed referrals to be sent to
Lewisham.Secure@eyalliance.org.uk

Enquiries sent to this email can not be answered.

Please contact your local centre for more info.